

### **Clinical Supervisor**

Centre 33 is an equal opportunities employer. We are keen to encourage applications from a diverse range of people without regard to race, colour, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability, age or any other protected status.

Get in touch – we want to hear from you!

## Centre 33's Mental Health & Counselling Service

Centre 33 offers a free and confidential counselling service to young people aged 13-25, living in Cambridgeshire & Peterborough. We have a team of volunteer counsellors / therapists, from a range of modalities and backgrounds, some of whom are on clinical placement and others fully qualified. We also have a substantial team of Mental Health & Counselling Project Workers who are qualified to a minimum of Level 4 and support young people experiencing a range of difficulties, including more complex presentations that sit outside of the statutory offer. Case work includes ongoing counselling (in person, telephone and Zoom)- applying a short term model of 6 sessions (with option to extend to 12 in specific cases) alongside assessment and a 'single session thinking' approach.

Young people can access our counselling provision via our 'Someone to Talk to Service' which offers a 'drop in' triage to gain a holistic understanding of needs prior to joining a waiting list for intervention. Centre 33 also belongs to the 'YOUnited' partnership- a single point of access for professional referrals where we work closely with CPFT and Ormiston Families to ensure needs are meet by the appropriate service.

# **Clinical Supervisor Role Description**

Centre 33's Clinical Supervisors are self-employed consultants, remunerated on an hourly basis for their work with us.

#### **Key terms and Conditions**

Hours	Centre 33's Clinical Supervisors are self-employed consultants,	
	remunerated on an hourly basis for their work with us	
Responsible to	Mental Health Clinical Lead	
Locations	Home based/remote	

#### **Principle duties**

The supervisor's primary responsibility is to provide supervisees with professional consultancy for their work. Supervisors are expected to:

- Offer regular fortnightly supervision to counsellors a total of approx. 20 hours per year per counsellor.
- Oversee the professional integrity of the work the counsellor is doing.
- Be a resource for the professional development of the counsellor and to identify training needs for individual counsellors or the group as a whole.
- Take part in six month probationary review of new counsellors and annual appraisal of counsellors.
- Keep professional boundaries about confidentiality appropriately within Centre 33 and outside it, and assist the counsellor to do so too.
- Be familiar with and act within the policies, guidelines and ethos of Centre 33 and the BACP code of ethics & practice, and to support the counsellor to do the same.
- Be available to counsellors in crisis work, if required.
- Liaise regularly with the MH&C Senior project workers and clinical leads and inform them of any concerns (s)he may have about the supervisee's competence or professionalism.
- Attend bi- monthly Supervisors' meetings and feedback on processes and policies Centre 33 develops in relation the Mental Health and Counselling work
- Ensure that all supervisory administration is undertaken as appropriate
- Ensure their own supervision, professional development, accreditation or professional registration requirements are fulfilled
- Ensure supervision sessions are scheduled in a clear and timely manner and cancellations, absences and annual leave are communicated appropriately to both supervisee and Clinical Lead

#### **Person Specification**

Criteria	Essential	Desirable
Experience	<ul> <li>A minimum of 1000 hours post-qualification experience as a counsellor/psychotherapis t</li> <li>Evidence of sufficient and relevant post-qualification experience as a supervisor</li> </ul>	<ul> <li>A minimum of two years'         experience post training as         a clinical supervisor</li> <li>Experience of working as         part of a team and         supervising groups</li> <li>Experience of offering         counselling trainings and</li> </ul>

	<ul> <li>Experience of working with Volunteers and/or Placement counsellors</li> <li>Experience of supervising Counsellors with Multiple theoretical orientations</li> <li>Experience counselling and/ or offering supervision to counsellors working with children and</li> </ul>	workshops • Experience of working with and contributing to the development of agency policies and procedures
	<ul> <li>young adults</li> <li>Experience of supporting complex risk assessment and management and safeguarding issues</li> </ul>	
Qualifications and Training	<ul> <li>Diploma or higher in Counselling/Psychotherap y</li> <li>Registration / Accreditation with UKCP / BACP or equivalent</li> <li>Training and qualification in clinical supervision</li> </ul>	
Knowledge	<ul> <li>Extensive knowledge of therapeutic theories, practice and interventions.</li> <li>Extensive knowledge of clinical supervision theory and practice</li> <li>Knowledge of issues affecting the mental health of young people</li> <li>Knowledge of safeguarding and child protection issues</li> </ul>	Knowledge of referral processes and the statutory services working with children and young adults
Other	<ul> <li>Open and inclusive         attitude to Equal         Opportunities and         diversity principles in all         aspects of work</li> <li>Effective oral and written</li> </ul>	

<ul><li>communication skills</li><li>Good time management with ability to multi-task</li></ul>	
<ul> <li>Suitable premises/access to secure online platform</li> </ul>	
from which to offer	
supervision to	
counsellors/ therapists	

All roles at Centre 33 may involve access to information about young people and as such all new employees and volunteers will be subject to an enhanced DBS check.

Having a criminal record will not necessarily bar you from working with us.

This will depend on the nature of the position and circumstances and background of your offences.